

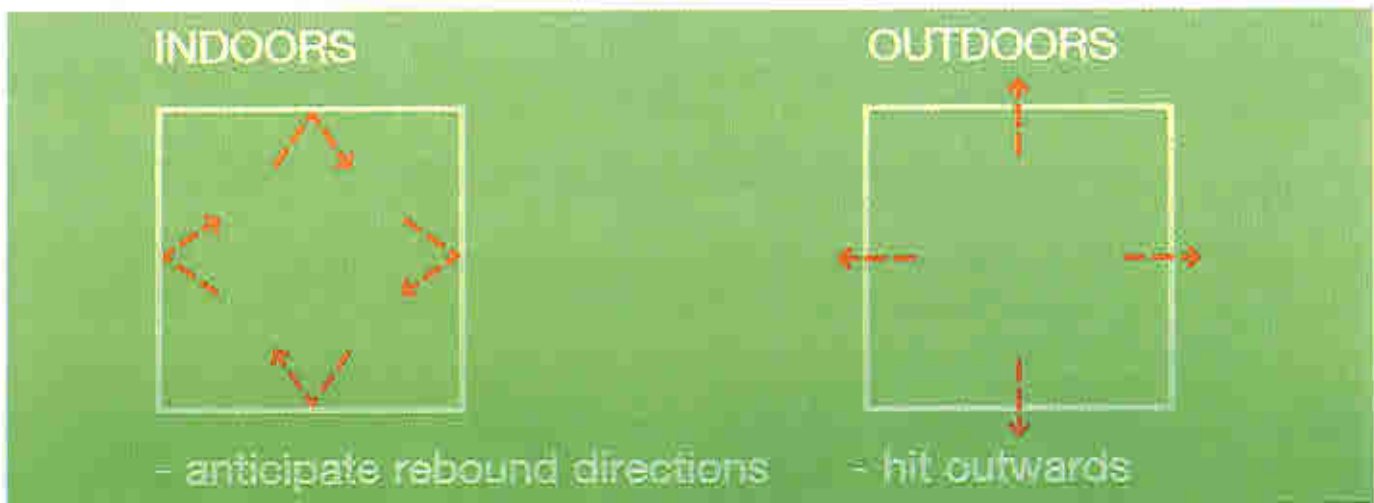
Batting Considerations

ACCURATE "SERVICE" IS VITAL Describe clearly what you want

Demonstrate and adjust for different surfaces and the different bounce of balls

Once a relaxed, balanced stance with head still and eyes level has been firmly established, the coach will be able to emphasise the backswing and step in subsequent coaching sessions

SAFETY AND CROSS BAT SHOTS



LEFT-HANDED BATTERS AND GROUP ORGANISATION

Safety requires left-handed batters to be in one group and for them to be numbered 6, 5, etc. as this brings organisational change after the right-handed batters have had their go.

When it is the turn of the left-handed batter:

- Batter and server exchange places
- Feeder becomes wicket keeper
- Wicket keeper becomes feeder

And after the left-handed batter has had his/her go:

- Batter and server return to their original position
- Rotation continues as before

The recommended order of rotation is No.1 bats first followed by No.2, 3, etc.

15 Target areas can be reduced in width for talented performers