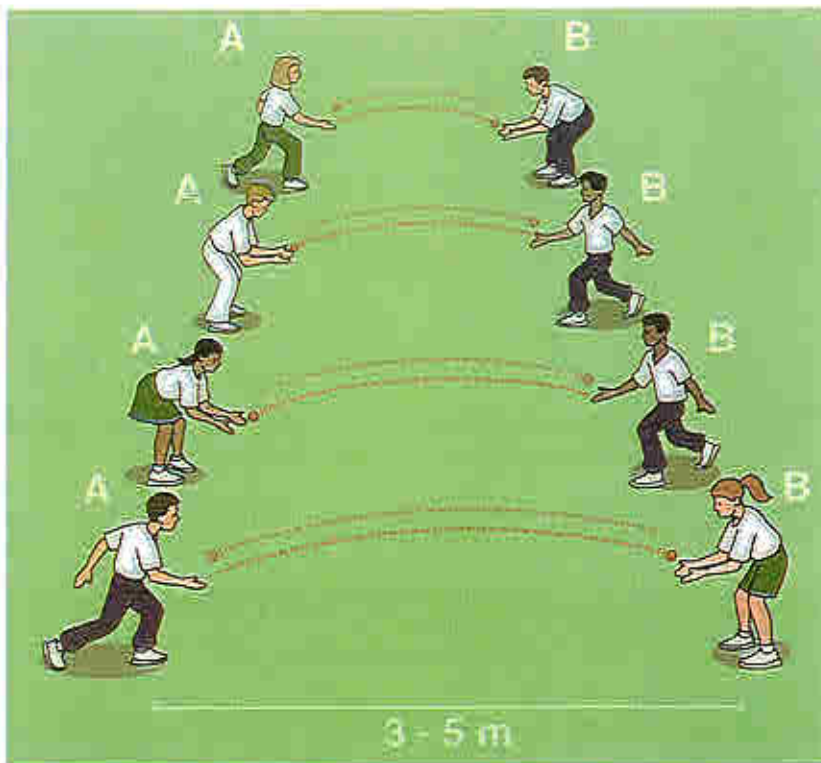


Catching

Close



Organisation

Partner catch

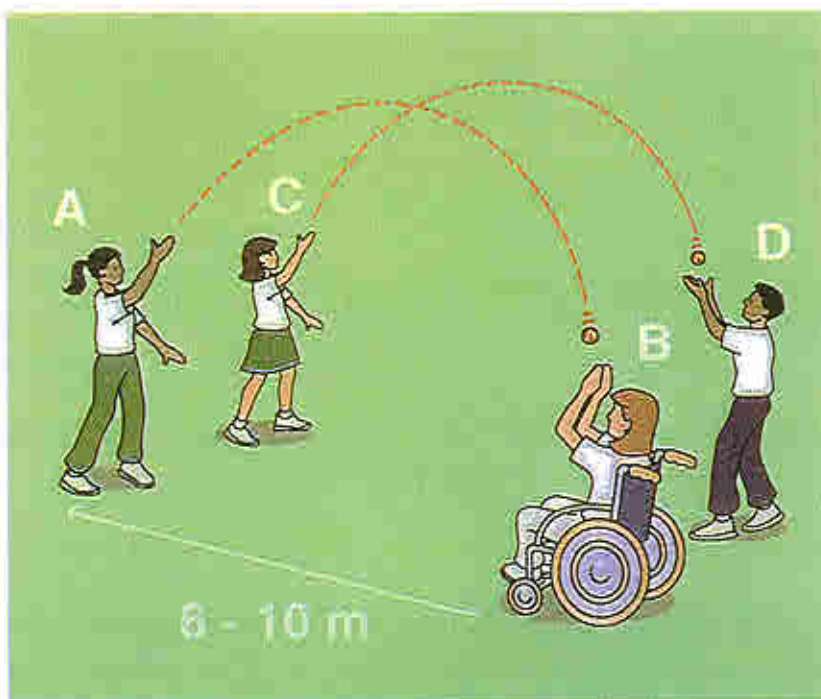
Straight,
right, left,
vary

Different heights

“Mixed Service”

Game

In the Deep



Organisation

Continuous catching

Different heights

Service to draw
catcher forwards

Catcher stands closer
and service to send
catcher backwards

“Mixed Service”