

BATTING SKILL 6 - THE SQUARE CUT

An attacking stroke, played to a short delivery, wide of the off stump.
The ball is played square on the off side.

SIDE VIEW

FRONT VIEW

Fig.1 Correct grip and relaxed and balanced stance.
Eyes level.



Fig.2 Rhythmic, high backswing.

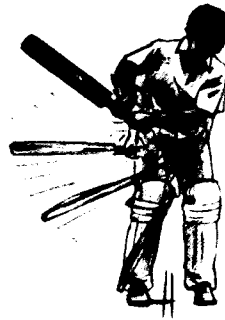


Fig.3 Back-foot moves back and across towards the line of the ball. Front shoulder turns towards off side to create power.
Eyes remain fixed on the ball.

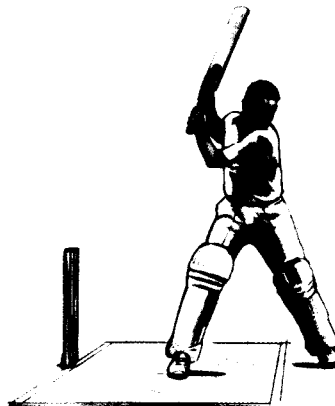


Fig.4 Bat swings high to low. Contact made at full arm extension. Head still.

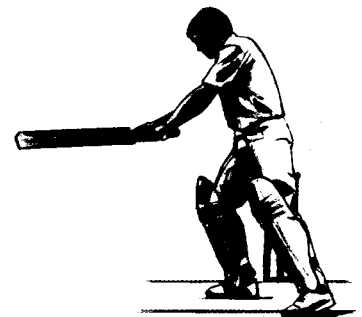
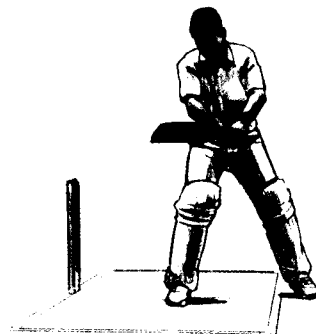


Fig.5 Follow through completed with weight on back-foot. Head still. Hands and bat finish high.

