



Grip and Stance

Description: all successful strokes start with an effective grip, stance, backswing and step

COACHING POINTS

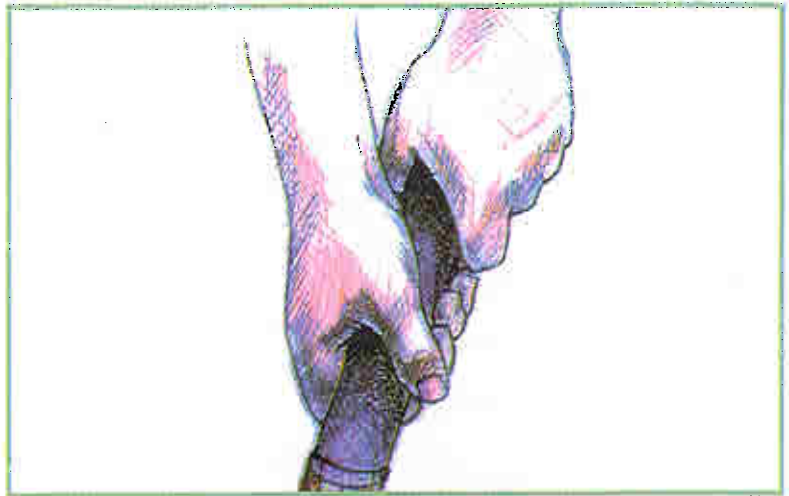
Grip

FINGERS & THUMB WRAPPED AROUND HANDLE

"V" IN LINE
(between splice & edge)

HANDS CLOSE TOGETHER

TOP HAND AGAINST INSIDE FRONT THIGH



COACHING POINTS

Relaxed Stance

FEET PARALLEL & FOOT LENGTH APART

WEIGHT EVENLY DISTRIBUTED
KNEES FLEXED

SIDE-ON POSITION, RELAXED

EYES LEVEL OVER TOES

