



The Drive - Straight

Description: an attacking stroke, played to a full length, straight delivery. The ball should be struck past the bowler.

side view

front view

COACHING POINTS

RELAXED, BALANCED
STANCE HEAD STILL
EYES LEVEL

BACKSWING & STEP
FORWARD
(front shoulder dips)
EYES FIXED ON BALL
THROUGHOUT

BASE ESTABLISHED,
FRONT KNEE BENT,
COMFORTABLE STRIDE

SHOULDERS ROTATE
VERTICALLY TO BEGIN
DOWNSWING.

"FIGURE 9" BAT
ACCELERATES TO
CONTACT

BAT SWINGS THROUGH
LINE AND COMPLETES
FOLLOW THROUGH.
BALANCE MAINTAINED

